

# AQUATICS SCHEDULE APRIL 28-JUNE 6, 2008

Closed	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Closed
6:00AM								6:00AM
6:30AM		Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap		6:30AM
7:00AM		6:30-11:30	6:30-11:00	6:30-11:30	6:30-11:00	6:30-4:00		7:00AM
7:30AM								7:30AM
8:00AM								8:00AM
8:30AM	Adult Lap						Adult Lap	8:30AM
9:00AM	8:30-12:30						8:30-1:30	9:00AM
9:30AM								9:30AM
10:00AM								10:00AM
10:30AM								10:30AM
11:00AM			**Aqua Aerobics		**Aqua Aerobics			11:00AM
11:30AM		*Aqua Arthritis	11:00-12:00	*Aqua Arthritis	11:00-12:00			11:30AM
12:00PM		11:30-12:30		11:30-12:30				12:00PM
12:30PM	*Elite Clinic I	Adult Lap	Adult Lap	Adult Lap	Adult Lap			12:30PM
1:00PM	12:30-1:15	12:30-4:00	12:00-1:30	12:30-4:15	12:00-1:30			1:00PM
1:30PM	**Level I, II		**Kinder Ked 1:30-2:15		**Kindergarten 1:30-2:15		*Open/Family Swim	1:30PM
2:00PM	1:30-2:00		**Level I, II, III		**Level I, II, III		1:30-4:30	2:00PM
2:30PM	**Level III, IV		2:15-2:45		2:15-2:45			2:30PM
3:00PM	2:15-2:45				Adult Lap	*Open/Family Swim		3:00PM
3:30PM	*Open/Family Swim		Adult Lap		3:00-4:00	4:00-5:30		3:30PM
4:00PM	3:00-4:30	*Elite Clinic I	3:00-6:30		**Level III, IV, V			4:00PM
4:30PM		4:15-5:00		*Elite Clinic I	4:00-4:30			4:30PM
5:00PM		Adult Lap		4:30-5:15	Adult Lap			5:00PM
5:30PM		5:00-6:30		Adult Lap	4:30-6:30			5:30PM
6:00PM				5:30-6:30				6:00PM
6:30PM		*Open/Family	*Open/Family	*Open/Family	*Open/Family			6:30PM
7:00PM		Swim	Swim	Swim	Swim			7:00PM
7:30PM		6:30-8:00	6:30-8:00	6:30-8:00	6:30-8:00			7:30PM
8:00PM		Adult Lap	Adult Lap	Adult Lap	Adult Lap			8:00PM
8:30PM		8:00-9:30	8:00-9:30	8:00-9:30	8:00-9:30			8:30PM
9:00PM								9:00PM
9:30PM								9:30PM
10:00PM								10:00PM

\* 2 lanes available for adult lap

\*\* no adult lap